

ROLLERTOOUR 2010 OPENING STAGE

SCHEDULE

Location: Riga, Victory Park

Online map link:

<http://maps.google.com/maps?t=h&hl=lv&ie=UTF8&hq=&hnear=C%C4%93sis,+C%C4%93su,+Latvijas+Republika&ll=56.935563,24.086025&spn=0.002816,0.010525&z=17>)

Time: 2010th on the 17th July

10:00 to 11:30 Registration of participants

10:30 to 11:30 Official training.

12:00 Prologue (interval start every 15 seconds).

Group start sequence: V12, S12 - 500m

VE, SE, V40, V18, V16, S16, V14, S14 - 1000

12:30 MASS START (start number after the prologue **results**)

Group startup sequence and distance: V12, V14 S12, S14 - **1km**

VE, SE, V40, V18, V16, S16 - **2km**

Starting from 13:30 Awarding ceremony.

Ski-go rollerski lottery immediately after the awarding.

Event Rules:

- Athletes can train on the track only to the formal training time.
- The competition takes place in a free style.
- Prologue lap length of the **S12, V12** groups - **500m**, other groups - **1000m**.
- The mass start is a position of "formula start". Numbers will be issued after the prologue results.
- All participants must use race helmet! If the participant finishes without a helmet, he is disqualified. We also recommend gloves and goggles.
- Marked start / finish corridors may not be changed.
- Team members should be aware of the potential risks associated with participation in competitions and be responsible for training, health and equipment with which it

certifies by signature upon receipt of the participant number. If the participant is younger than 18 years, then the responsibility of the parent (guardian), the official team representative.

- **AGE GROUP:** group division see in the overall regulations (next page)
- **STARTING FEES:** 1. stage for all participants free of charge.
- **The competition is organized by** CHILDREN IN THE YOUTH SPORTS SCHOOL "Arcadia"
- **Chief of competition:** Jurgis Grants

ROLLERTOOUR 2010 OVERALL REGULATIONS

The competition will take the time and place:

Dat.	Place	Discipline	Courses (depending on age group)	Comments
17.07.	Riga, Victory Park	Prologue + mass start (F)	500m +500 m; 1km +1 km	
31.07.	Madona, Smecersils	Interval start (C)	2-10km	Latvian Championship,
29.08.	Skiing-Biathlon Complex Priekuli "	Duatlons (C + F)	2km-15km	
4.09.	Cesis, street Niniera	Sprint Hill (F)	200 m	
2.10.	Skiing-Biathlon Complex Priekuli "	Marathon (F)	10 - 42km	Latvian Championship Baltic Cup finals

AGE GROUPS, ENTRY FEES

Girls, women		Young people, men		Participation Fee
Starts with " Start skating 71 " rollerslēpēm (wheel diameter not greater than 71mm)				
S12	99th and newer	V12	99th and younger	Ls 2
S14	97th-98th g.dz.	V14	97th-98th g.dz.	Ls 2
S16	95th-96th g.dz.	V16	95th-96th g.dz.	Ls 2
		V18	93rd-94th g.dz.	Ls 2
		V40	69th and over	Ls 4
Starts with all rollerslēpēm a length not less than 53cm and the diameter of wheels not greater than 100mm				
3				
SE	1994th and over	VE	1992nd and parents.	Ls 4

Event Rules:

- Not later than two weeks before each stage of the competition website - www.rollertour.lv is published detailed stage race program. The organizers have the right to change / cancel the match date and / or location.

- If the stage of the competition in one group of members signed up (with numbers) less than 3 participants, the group members are added on a group of senior age groups, but the V40 group VE group.

Registration

- Participants pre-registration to be made www.rollertour.lv latest race at the previous day. 15:00. Participation fee is payable at the receipt number on the competition day.
- Competitions, where timing is used with "chips", the number of participants must be taken out by each participant individually. *Chip* must be fixed to the lower leg.
- At the finish (or withdrawal), *the chip* must be transferred at the finish or the Secretariat. The penalty for the loss of **chip-Ls20!**
- Contestant receiving the participant number, certify by signature that is aware of the potential risks associated with participation in competitions and is responsible for its preparedness, health and asset eligibility. If the participant is younger than 18 years, then the responsibility of the parent (guardian), the official team representative.

Safety rules

- All participants must use race **helmet!** If it finishes without a helmet, he is disqualified. Mass at the start required, but other disciplines also advisable gloves and goggles.
- Participants in the individual distance to give way to faster running after the first request.
- Athletes can train on the track only to the formal training time.
- Marked start / finish corridors may not change,
- Blocking the road to a another competitor is forbidden and can lead to DSQ.

Equipment:

Rollertour stages, designed in the classical style, provided that the organizers provide all the "Ski-go-brand same model of classical style rollerski. Rollerskies is drawn in and issued no later than 20 min before the start. Participants registering for the competition season, it must ski boot attachment type. If for the organizers it is not possible to provide *classics rollerskies*, the organizers may decide to change race programme to a free technique.

Overall ranking points: In each age group is definitely race standings winners in terms of **four stages of the best** figure obtained for this. The point calculation system (location - **points**): 10-80, 20-70, 30-60, 40-50, 5-45; 6-40, 7-36, 8-32, 9-29, 10-26, 11-24, 12-22, 13-20, 14-18, 15-16, 16-15, 17-14, 18 - 13, 19-12, 20-11, 21-10, 22-9, 23-8, 24-7, 25-6, 26-5, 27-4, 28-3, 29-2, 30-1punkti.

Standings are awarded only to athletes who **take part on a start in the final stage on 02.10.**

If the number of participants is equal to the amount of points, the highest place is given to the members of each: 1) the number of rounds of matches, 2) more fought 1st place, 2nd place u.tt, 3) a higher place in the common startup distance.

AWARDING

- Each race stage 1st-3rd place winners in all the groups are rewarded with diplomas and memorial gifts.
- "Rollertour " overall standings 1st-3rd winners are awarded with prizes and commemorative cups (immediately after the final stage of the awards).
- Each stage is planned for the prize draw, in which all participants. The prize amount shall be notified separately.

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